



# ACES FOR AUTISM

## *Outdoor Play Area*

Most often during outdoor play, the child doesn't even realize that they are learning or being taught a specific skill; it occurs naturally. Outdoor play allows learning to be natural and even fun for the learner. Through nature, children gain important skills while learning how to care for living things and their environment. Benefits of outdoor play include:

- Children who play outside regularly gain motor skills, including coordination, balance and agility
- Natural environments stimulate social interaction between children
- Swings and accessories provides essential vestibular movement; it's a core component of sensory integrative therapy
- Outdoor play can improve awareness, reasoning and observational skills
- Spending time in nature has been shown to reduce stress







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Playground



**THE GOAL OF THE OUTDOOR PLAYGROUND IS TO PROMOTE  
HEALTHY LIFESTYLES, ENCOURAGE SKILL-BUILDING AND CREATE  
UNIQUE OUTDOOR EXPERIENCES**







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# Outdoor Play Area Playground







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# Outdoor Play Area

## Splash Pad



**THE SPLASH PAD ENGAGES KIDS' IMAGINATIONS, ENCOURAGES EXPLORATION AND DELIVERS EXHILARATING NEW EXPERIENCES WITH WATER TO PEOPLE OF ALL ABILITIES**

