

## ACES FOR AUTISM NET Therapy Room

NET (Natural Environment Teaching) allows learning to be natural and even fun for the learner. In the best NET environments, the child doesn't even realize that they are learning or being taught a specific skill; it occurs naturally. NET enhances visual, auditory, tactile, vestibular, and proprioceptive input five cores:

- 1. Energize and Stimulates (Gets kids moving to active body and mind)
- 2. Active Seating Strengthens Core and Sharpens Focus
- 3. Swings and accessories provides essential vestibular movement; it's a core component of sensory integrative therapy
- 4. Balance and Core Strength allows children to participate more fully and appropriately
- 5. Calming and Relax invoke multiple senses to reduce stress and anxiety improved learning and performance





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